

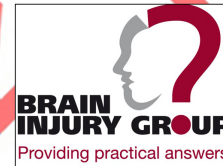
One Punch UK Awareness Week

19th - 23rd September 2022

Welcome Pack

One Punch UK
Awareness Week
19th - 23rd September 2022

Supported By



#OnePunchAwarenessWeek

onepunch.org.uk/awarenessweek



So what is One Punch Awareness Week ? Its a week that is dedicated to raising awreness of one punch, Very Few people are aware of the damage that can be cause from a single punch. The damage to the brain can come from the impact or by the victim hitting there head on the ground. 90% of the time the victim passes away from the injuries or their are left with a Traumatic brain injury (TBI).

We belive education is very important when it comes to One Punch

One Punch Awareness Week is in its 4th year and each year its getting bigger and bigger, when you registers to take part in the week with us we will provide posters, fact sheets to help your week be a success so staff and public can understand just what One Punch can do.

We as a charity have first-hand experience after losing our son Kristian to a One Punch Attack and sadly, we have a lot of service users / families that have gone or going through the same experience.

23rd September will also be #WearRedorBlueDay this is basically what it say its a day to help fund raise for One Punch UK you simply have a non uniform day, and get the children to engage by wearing Red or Blue on that day.

One Punch victims are left with life changing injuries or sadly pass away.

We aim to educate as many people as we can.

Register your details @ onepunch.org.uk/awarenessweek

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